



December 2018

Rainbow Alley Community Calendar



TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Hanukkah 4	Hanukkah 5	Hanukkah 6	Hanukkah 7	Hanukkah 8
Drop-In 2-7PM Voz y Corazon 5:30-7PM	Drop-In 2-7PM QTPOC 6-7PM	Drop-In 2-8PM True Colors 6-7PM	Drop-In 2-8PM Gender Queeries 6-7PM	CLOSED
11	12	13	14	15
Drop-In 2-7PM YLC 4:30-5:30PM Voz y Corazon 5:30-7PM	Drop-In 2-7PM LGBTQ&A 6-7PM	Drop-In 2-8PM Mindfulness 6-7PM	Drop-In 2-8PM Dinner and Movie 6-8PM	HOLIGAY @RMCAD 2-6PM
18	19	20	21	22
Drop-In 2-7PM Voz y Corazon 5:30-7PM BreakingOut Lone Tree 6-8PM	Drop-In 2-7PM QTPOC 6-7PM	Drop-In 2-8PM Queer Cuts 2-8PM WriteBrain 5:30-7PM	Drop-In 11-6PM Queer Compass 5-6	CLOSED
Merry X-MAS! 25	Kwanzaa Begins! 26	27	28	29
CLOSED FOR THE HOLIGAYS	Drop-In 12-6PM	RAINBOW ALLEY LOCK-IN Drop-In 4-8 PM Lock-In Pick-up 10AM		CLOSED

Drop-In

Time for youth to come and hang out, listen to music, play games, or watch movies- whatever you want! Snacks provided

Gender Queeries

A support group open to all trans and gender non-conforming youth and their families, with separate programming focused on each group's needs.

True Colors

A place to find friends and allies, True Colors is a space for LGBTQ+ identified youth 16 and younger to find support. A group for parents runs at the same time!

Queer Compass

Queer Compass is Rainbow Alley's new therapeutic support group! Youth will have the opportunity to process the emotional impact of daily stressors, through coping, grounding, and re-framing. Please contact zguilfoyle@mhbhc.org with questions!

Voz Y Corazon

Express yourself through and craft projects! A suicide prevention project that has been designed by youth, involves youth, and supports youth.

LGBTQ&A

Hey y'all come join Sarah and Ella to talk about relationships, safe sex and anything you're curious about.

Youth Leadership Coalition

Join YLC and make decisions on what happens at Rainbow Alley! Help decide what programming we have, what our events look like and so much more! Be the voices that make Rainbow Alley!

Counseling

Free one-on-one counseling with Zane and Justin. For more info or to set-up an appointment, email zguilfoyle@mhbhc.org or jlewis@mhbhc.org

Dinner & Movie Night

Join Us and watch a fabulous and a delicious meal provided by the community!

Health & Wellness Thursdays

Every Thursday we will have programming related health and wellness! Come be mindful, enjoy yoga, get a free haircut, and cook with us!

BreakingOut!: Lone Tree & Aurora

Rainbow Alley has 2 satellite programs! Come to one of our safe and brave spaces for youth ages 11-22 in Lone Tree and Aurora. If you have questions, you can contact handerson@glbtcOLORADO.org

QTPOC

Come and help us build a community within our community. Have honest conversations about being queer, trans, and a person of color with other youth that understand!

Writebrain

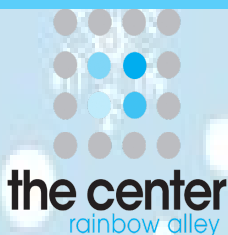
Join LightHouse writers for some thoughtful, fun, and powerful writing and poetry sessions!

HOLIGAY!

Our annual event is on DECEMBER 15th! The festivities start at 2PM and include performances, dinner, and gifts. Youth (under 22) must sign up for their gifts at the space by December 9th- Gifts will be distributed during HoliGay. Family and Friends are welcome to join in the festivities! Questions email nbridges@glbtcOLORADO.org or handerson@glbtcOLORADO.org Location: 1600 Pierce St, Lakewood, CO 80214

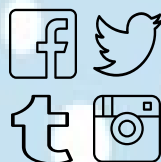
RA LOCK-IN

Join us for a Rainbow Alley-Style slumber party! We'll spend the night playing games, watching movies, and hanging out (Maybe catching some zzz's along the way). Dinner, Snacks & Breakfast provided. RSVP by 12/21. Cost: \$25. Permission slip required if under 18.



Questions?
nbridges@glbtcOLORADO.org
handerson@glbtcOLORADO.org

GLBTCOLORADO.ORG/RAINBOWALLEY



RAINBOWALLEYDEN

RAINBOWALLEYRIOT

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